

the courtyard

health &
beauty spa

The Courtyard Health & Beauty Spa presents a highly trained and experienced team to provide our clients with an atmosphere of relaxation and first class service every time. Enjoy **10% off** food in the tea room on the day of your treatment.

WHAT WE OFFER:

FACIAL TREATMENTS

MAKE-UP

MASSAGE

BODY TREATMENTS

HANDS & FEET

FINISHING TOUCHES

PAMPER PACKAGES FOR LADIES & GENTLEMEN

FACIAL TREATMENTS



USING ENVIRON ADVANCED VITAMIN SKIN THERAPY

Scientific skincare formulated by Dr Des Fernandes, a world renowned plastic surgeon. The range contains a unique combination of active ingredients to protect the skin from environmental aggressors and combat the signs of ageing.

ADVANCED ACTIVE VITAMIN TREATMENT

The freshest, most active forms of Vitamin A, C and Anti-Oxidants are driven deep into the lower layers of the skin.

*3 areas - 1 hour £65

*10 areas - 1.5 hour £85

THE NOTOX FACIAL

The perfect frown treatment

45 minutes £95

HYDRABOOST TREATMENT

The perfect antidote for dry and dehydrated skin.

1 hour £95

PRECISION TREATMENT

Limited time? This time effective treatment targets specific areas of concern.

30 minutes £45

PURIFYING TREATMENT

Created to purify micro-exfoliate and re-hydrate your skin.

30 minutes £45

MAKE-UP



JANE IREDALE - THE SKIN CARE MAKE-UP

So effective it is recommended by plastic surgeons, dermatologists and skin care professionals.

Cleanse and make-up application

£28

Make-up lesson

£28

Bridal make-up and trial

£50

(extra charge for call out)

LASHES

False eye lash strip application

£8

Or bring your own and we can apply free of charge!

MASSAGE



SWEDISH MASSAGE

Full Body 1 hr £40

Back 30 min £28

DEEP TISSUE MASSAGE

Full Body 1 hr £40

Back 30 min £28

Using essential oils if requested will produce therapeutic and healing benefits.

SCALP, NECK & SHOULDER MASSAGE

30 min £28

RELAXING HEAD MASSAGE

25 min £25

BODY TREATMENTS



THE COURTYARD PURE INDULGENCE

This delightful treatment begins with a luxury whirlpool foot soak & relaxing head massage with LU'LUR china rose hair mask left on to deeply condition. Followed with a full body Swedish massage to relax and soften skin prior to the coating of the skin with sandalwood and jasmine body scrub. Shower & treatment completed with LU'LUR body moisturiser.

2 hrs 30 mins £100

HIBISCUS & JASMINE BODY SCRUB

This traditional LU'LUR scrub is a delicate blend of rice powder, turmeric and essential oils of jasmine and sandalwood.

45 mins £35

COCO CREAM NOURISHING MASSAGE & BODY WRAP

Coconut and vanilla cream is used for a full body massage to ease tense and tired muscles. You are then cocooned in a soft cotton wrap which helps intensify the nourishing effects of the coconut cream.

60 mins £45

HIBISCUS & JASMINE BODY SMOOTHER

Full body exfoliation with hibiscus, jasmine and turmeric body scrub. After showering off, a rich coconut and vanilla cream is applied and you are cosily cocooned in a soft cotton wrap.

1 hr 30 mins £65

LUXURY WHIRL POOL FOOT SPA

(inc hot drink of your choice & one of our famous scones)

A pampering treat for tired and undernourished feet in our whirl pool foot spa. Feel the tensions of the day disappear! End with a polish of your choice.

1 hr £30

LUXURY HAND EXPERIENCE

(extra dry or chapped hands)

Your hands will be brighter and more nourished with our LU'LUR treatment. Polish of your choice to end treatment.

45 mins £25

CHINA ROSE HAIR MASK

Enjoy an express neck, shoulder and scalp massage with a nourishing hair mask with highly reparative shea butter from the karate tree.

20 mins £18

HANDS & FEET



ACRYLIC, SILK & GEL NAILS

Acrylic, Silk & Gel Full Set £40

Gel Nail Extensions £40

Infills

(We recommend every 2-3 weeks for maintenance) £25

Natural Nail Overlay with Gel, silk or Acrylic £35

Soak off with Mini-Manicure from £10

Single Nail Repair £5

Occasional Nails £20

Nail Art £1.50 per nail+

3D Nail Art £3 per nail+

(Nail art prices can vary depending
on time and detail)

ORLY GEL FX MANICURE & PEDICURE

Fingers or Toes £25

Fingers and Toes £48

EPIX Nail Colour £15

Fingers & Toes £25

*Looks like a gel Feels like a gel!

*Flexible long wear colour

*Quick drying *Easy On Easy Off!

ORLY NAIL POLISH

Mini Manicure & Polish £10

NAILTIQUES MANICURE & PEDICURE

Allow your therapist to assess your nails and prescribe
the appropriate formula to suit your needs.

Nailtiques Manicure (inc heated mitts) 1 hr £25

Nailtiques Whirl Pool Pedicure

(inc heated booties and a hot drink of your choice)

1 hr £30

FINISHING TOUCHES



EXCELLENT RESULTS EVERY TIME WITH PERRON RIGOT WAX - THE MOST SUPERIOR WAX ON THE MARKET.

WAXING

Arms & Legs

Underarm £10

Forearm £12

Full Arm £15

Full Arm & Underarm £20

Forearm & Underarm £16

Half Leg £15

Full Leg £20

Half Leg & Bikini £25

Full Leg & Bikini £30

Abdomen £5+

INTIMATE WAXING

Bikini Line (side tidy up) £15

Californian (extended bikini) £20

Brazilian (small strip or triangle left on top) £30

Hollywood (all off) £35

FACIAL WAXING

Eyebrow Wax & Shape £8

Upper Lip £6

Chin £6

Sides of Face £8

All Areas £24

VITA LIBERATA SPRAY TAN

Full Body £25

Upper Body £18

Legs £12

TINTING

Eyelash £10

Eyebrow £8

Eyelash & Brow £15

Eyebrow Wax & Tint £12

Eye Enhancement £20

(Eyelash and eyebrow tint, shape & wax.)

PAMPER PACKAGES FOR LADIES & GENTLEMEN



AT THE COURTYARD WE CATER FOR ALL TYPES OF PARTIES
AND OUR TEAM TRAVELS TO OUTSIDE FUNCTIONS.

BRIDE TO BE £80

- Full body spray tan
- Make-up application on day & trial
 - Only Gel FX

MISS GLAMOUROUS £60

(PERFECT FOR ALL SPECIAL OCCASIONS)

- Make-up application & full body spray tan
- EPIX nail colour on fingers or toes

PERFECTLY PAMPERED £85

- Environ active vitamin facial (3 areas)
 - Gel fx on fingers or toes
 - Afternoon tea

BEAUTIFUL BREAKFAST £28

- Back massage (1/2hr) & Breakfast of your choice.

LADIES & GENTLEMEN WHO LIKE TO LUNCH £28

- Breakfast / lunch at the Tea Room
 - & choose a treatment ...
 - EPIX nail colour
 - Express back massage
- Express head, neck & shoulder massage.

YUMMY MUMMY £65

- Nailtiques manicure & pedicure
- *Head, neck and shoulder massage

JUST THE TWO OF US (FOR 2 PEOPLE) £90

- Spa treatment (choose from wrap, scrub or full body massage)
 - Afternoon tea

PRE-HOLIDAY PAMPER £60

- Full body spray tan
- Full leg, bikini and under arm wax
- Eye enhancement

PRINCESS PARTIES

£8.50 per child (£10.50 if hot food added)

Pamper your little princess and friends at The Courtyard
or we can come to you!

- Nails (polish) & light make-up or face paint
- Drinks & party treats at the Tea Room

LITTLE PRINCE PARTIES

£8.50 per child (£10.50 if hot food added)

Face paint & drinks and party treats at the Tea Room

TIME OUT FOR THE MEN...



MANICURE & MANDWICH £30

- Luxury manicure or pedicure
- Enjoy a delicious mandwich at the Tea Room
(inc hot drink of your choice)

ESCAPE £38

- Deep tissue Back massage
Or head neck and shoulder massage.
- Afternoon tea or lunch at the Tea Room

REVIVE £55

- Environ active vitamin facial (3 areas)
 - Hot drink & Tea Room treat

WAX AWAY

(inc hot drink & tray bake of choice)

- Shoulders £15
- Back & shoulders £25
- Chest £25
- Chest back & shoulders £45

HEALTH & BEAUTY SPA ETIQUETTE



TO ENSURE ALL GUESTS ESCAPE INTO A WORLD OF PURE INDULGENCE AND TOTAL RELAXATION PLEASE NOTE:

- Phone and laptops must be switched off on entering The Courtyard Health & Beauty Spa and noise should be kept to a minimum.
- Please ensure you arrive at least 5 minutes prior to your appointment. Should you arrive late your treatment will still need to end at the allocated time with full payment.
- 24hrs cancellation period is required to help us re-schedule your appointment.
- Some treatments may require a patch-test 48hrs prior to your treatment.
- Loose dark clothes and flip flops are required for tans. Flip flops are also required for pedicures.
- Please shower before treatments. Good personal hygiene is expected from clients.
- Gift vouchers are redeemable against any area The Courtyard has to offer. No refund on vouchers.
- Please be aware our prices are subject to change.
- Strictly no alcohol. Anyone under the influence of drugs/alcohol will be asked to leave.
- We are confident that every client will enjoy their Courtyard Experience, however if you are not totally satisfied, please contact us via telephone within 48hrs of having your treatment.

the
courtyard
 health &
beauty spa
